

ADVENTURE NEWS**Winners Award – Trip Galliat**

The Club organized the above trip on complimentary basis for position holders in WTD – Women Wall Climbing Competition, held on World Tourism Day. The trip started from Islamabad and drove to Dunga Gali to start walking on scenic and beautiful route popularly known as Pipeline Track. During the trip, the participants



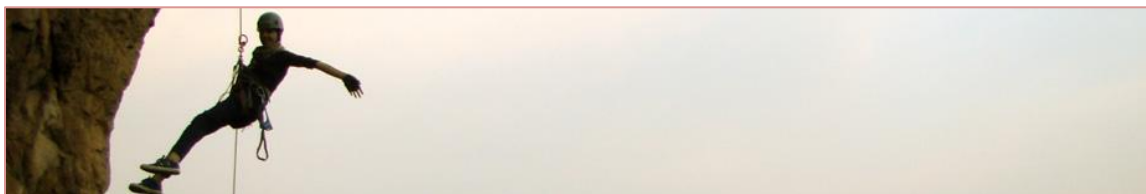
had great fun and learnt about flora and fauna of the region. They visited Wildlife Museum at Dunga Gali and then started walk towards Ayubia. While walking, they experienced Rappelling from a high bridge on the track and enjoyed the daring activity. At Ayubia, they had the dinner and safely returned to Islamabad in late evening.

Intermediate Climbing Training Course

The Club organized the above course on complimentary basis for position holders in WTD – Women Wall Climbing Competition held on World Tourism Day. The participants got climbing training at different rocks and were also taught to experience lead/sport climbing.

**Rock Climbing Training Sessions**

Rock Climbing is as usual the prime activity for Islamabad members and several sessions were held at various places.



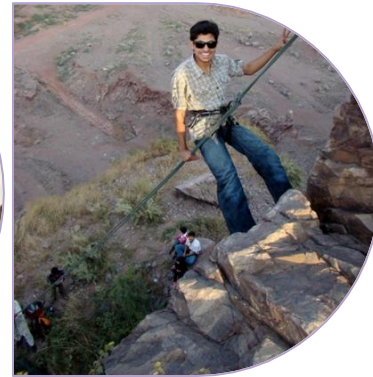
ADVENTURE NEWS

The quarter was good as the Club focused on Lead/Sport Climbing for females and about 20 girls participated in various programs and learnt lead climbing.

**Eid Special**

A climbing program was organized at Chenab Rocks for kids and on next day of Eid, Esha, one of our active members, hosted lunch in Mirpur, at her place. It was a lovely day with exclusive hospitality of Esha and her family and after a full course delicious lunch, the guests visited Mangla Lake to take a motorboat ride, arranged by Esha.

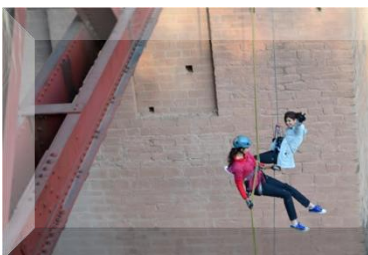


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Usman, Hina, Faiza, Rushna, Nazia, Shabana, Maida, Aala and Tahir joined for this exclusive program. We thank Esha for making our Eid, very special and we wish her all success and progress.

Trip Murree

A couple of trips organized for Murree and the members participated and visited places like old building of Murree Brewery, Mall Road and Kashmir Point etc. Rappelling and Jumarring at Salgran were the most interesting activities.



ADVENTURE NEWS**Shooting Competition of NAC**

Nust Adventure Club organized a very interesting event of shooting competition at Gun Club where a good number of students participated in the competition. This was a well organized program and we congratulate NAC working team besides special congrats to the position holders.

**Trekkers Meet Up**

Umair, one of our very active members and executive, alongwith his fellow trekkers, organized a very interesting program by inviting various trekkers from all over the country. The trekkers presented their report of activities supported by multimedia pictorial details. A nice display of adventure related photographs was another attraction of the program.

**Climbing Competitions in December**

December was the month of climbing competitions as 4 important competitions were held. On 8th. & 9th. December, National Sport Climbing Championship was held and all positions in female category were secured by the climbers of The Adventure Club, similarly all participants of then Club got positions in DHA/EME climbing competition held on 30th. & 31st. December in Lahore. On 9th. & 10th. December, the Club organized 4th. Open Climbing Competition on International Mountain Day with an exclusive separate lead/difficulty climbing competition, first time in Pakistan for girls. The lead climbing competition got very encouraging response and about 15 girls participated in the competition.

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National Sport Climbing Championship 2011

Category 19+



Nazia Parveen
GOLD Medalist

1



Rabia Parveen
SILVER Medalist

2



Category 13-19



Aleeza Sana
GOLD Medalist

1



Palwasha Rodriguez
SILVER Medalist

2



Hamna Khan
BRONZE Medalist

3



DHA CLIMBING ARENA COMPETITION - LAHORE

30-31 DECEMBER 2011

Junior Category



1

Senior Category



2





Amateur Lead / Difficulty Wall Climbing Competition

Junior Category



1

Senior Category



2





position holders with Chief Guest
Dr. Abdul Jabbar Bharti (Pride of Performance)
Vice President - Alpine Club of Pakistan



ADVENTURE NEWS



New Memberships

AC – 333 Ms. Roha Wajahat**Islamabad**

Roha, a keen adventure enthusiast and a well travelled student, is associated with Club and its activities since long, however she got membership now and determined to participate more actively in various Club activities. She has a special interest in hiking, Rafting, Climbing and she is also a good photographer and has a good collection of her quality photographs.

(Introduced through Mr. Tahir Imran Khan, AC 001 – Islamabad)

AC – 334 Ms. Kanza Haider**Rawalpindi**

Kanza is a student of Business Administration in NUST and an executive member of Nust Adventure Club. She has been a player of Basket Ball and Badminton and has a special interest in Wall Climbing, Para Gliding and trekking etc. With an interest in outdoor activities and with her experience of working in NAC, we expect her very active participation in the Club.

(Introduced through Ms. Esha Iqbal, AC 302 – Islamabad)

AC – 335 Mr. Aneeq Ahmed**Mianwali/ Islamabad**

Aneeq, doing his Engineering from NUST is an active participant of Club's activities. He has done Rock Climbing and Paragliding with Club and ready for other activities in coming days. We welcome him at Club and expect a lot from him.

(Introduced through Mr. Mohammad Ali Janjua AC303 – Islamabad)