

**ADVENTURE NEWS****3<sup>rd</sup>. Quarter of 2011 – July to September****8-11.07.2011 - Families Trip to Neelum Valley (Azad Kashmir)**

A family trip was organized to the green and scenic valley of Neelum. The family of Mr. Anwar Khan, one of our most senior members, participated. The trip was extremely nice, especially to watch the Indian areas across the river, so close that even one can shout to talk with them.



Just across the river is Indian Territory

**14-31.07.2011 - Multiple Activities – Mobilink Program**

An interesting and full of thrilling activities program for the selected participants from all over the country was organized to visit Rohtas Fort, Mangla Dam, Islamabad, Muzaffargarh, Murree, Galliat, Abbottabad, Balakot, Shogran, Paya Plateau, Naran, Lake Saif-ul-Muluk, Sohni Falls and Khanpur Lake etc. The activities included, Wall Climbing, Hiking, Rafting, Para Sailing, Jet Skiing, Archery, Paint Ball, Dirt Bike Ride, Rock Climbing and Rappelling etc.



**ADVENTURE NEWS****17.07.2011 - Trip – Naran**

A brief trip to Naran was organized for 3 members of the Club. Naran, Lake Saiful-Muluk and Sohni Falls were the places to visit.

**13.08.2011 - Inaugural Ceremony of New Climbing Wall (Portable)**

Courtesy ICS, Mr. Altaf has manufactured a new portable climbing wall of 32 feet height, which was inaugurated in a nicely organized program in Ayub Park, Rawalpindi. The wall is easy to handle with hydraulic jacks and can be ported to any place toed with a vehicle. We congratulate the manufacturer and expect that this development will help promote the activity in the region.

**13.08.2011 - Wall Climbing Competition in F9 Park**

On the invitation through The Alpine Club of Pakistan, we participated in wall climbing competition in F9 Park and secured 9 out of 12 positions. However, the arrangements and standard of the competition was of basic level but we expect that with this experience, the organizers will improve the quality.



Positions: Nazia Parveen – Rabia Parveen – Esha Iqbal – Hamna Kiran Tehreem Khan  
Palwasha Rodriguez – Zohaa Zubair – Ramsha Mahmood



**ADVENTURE NEWS****14.08.2011 - Dinner at PAFF with Korean Team of Pilots and Climbers**

The Club members were invited to participate in the dinner organized by Pakistan Association of Free Flying ( PAFF ) for 2011 Korean Himalaya Cross Country Expedition with a Korean team of pilots, which was going for 2400kms long flying program in Pakistan, India, Nepal and Bhutan. The team leader Mr. Park, Jung Hun is a renowned climber with K2 and other 8000ers to his credit. Most of the active pilots of PAFF participated in the evening, which was very interesting and full of information about cross-country paragliding.

**15.08.2011 - Congratulations – Climbers Team to China**

To participate in a climbing event in China, a team of climbers was selected including Usman Tariq, Naveed Iqbal, Syed Zaki-uddin Kazmi and Zeeshan Nawaz. We congratulate and are proud of our 3 members to be selected in 4 men team and wish them for their best performance in the event.

**15.08.2011 - Affiliation with Pakistan Association of Free Flying (PAFF)**

After participating in two basic and one Elementary Pilot Course and finding great interest of members in Paragliding, the Club got affiliation with PAFF ( on August 15th. 2011 vide letter no. PAFF/Org/013/2011 under the registered no. Org-013). With this affiliation, the Club will get exclusive facilities from PAFF and will add Paragliding schedule in Club's activities in future.

**17.08.2011 - Lecture of Ms. Sophie Denis**

Sophie Denis, a French climber with outstanding skills and extra ordinary records was invited by NUST Adventure Club to share her latest climbing expedition to climb FIVE, 8000 meters high peaks in one year i.e. 2011. She successfully climbed Cho Oyo in Nepal and Gasherbrum 2 & Broad Peak in Pakistan, while she had to abandon K2 climb due to bad weather conditions.

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However she is determined and added one more peak in Nepal and now will attempt two more peaks in Nepal. She has the record of being youngest lady climber to summit Mt. Everest.

**25.08.2011 - Iftar Dinner cum Meeting**

A yearly Iftar was arranged in a local restaurant which was attended by 32 participants. The program included report of previous activities in 2011 and forthcoming projects of the Club. Mr. Ehsan Qamar presented details of his Dudipat Sar and Aansoo Lake trekking trip while Mr. Umair Hasan shared his experience of his expedition to cross Biafo/Hispar glaciers. Dr. Jabbar Bhatti (pride of performance), renowned climber and pioneer in Paragliding was the guest of honor for the meeting, who presented his old photographs of various climbing expeditions and a very colorful clip of Paragliding.





**ADVENTURE NEWS****Rock Climbing Training / Practice Sessions**

Rock/wall climbing is main activity of the Club in Islamabad and the Club always focuses on it and organizes various programs of climbing. This will be interesting to mention that during the month of Ramzan, we had 20 sessions of climbing. Now boys and girls, keep it up.....

**12-25.09. 2011 - Elementary Mountaineering Course – Minapin ( Nagar )**

Alpine Club of Pakistan (ACP) announced an Elementary Mountaineering Course at Rakaposhi Base Camp from 10 to 25 September 2011.



Dr. Jabbar Bhatti (Col. Retd.) Pride of Performance and Vice President, ACP was the Chief Trainer for the course, while the participants were Imran Qamar Junaidi, Hammad Saeed, Shayyan Korrani, Zain ul Abedin, Ahasn Haider and Kamran Nazir. From Minapin, the participants and staff shifted to Tagafari at the foot of Rakaposhi to establish base camp for training course. After covering first aid basics and some rope work, the team entered into glacier for various skills,

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like step cutting, crevasse rescue, establishing anchors, using crampons, ice axe and other necessary tools.



Later on, the team crossed the glacier and established second camp at Kacheili and then further climbed to Kacheili Lake to make an assault camp for Mir Shikar, a peak to climb as a part of the training. The attempt was abandoned due to snowfall on upper slopes and no favoring weather so the team returned to Tagafari to pack up and walk down to Minapin. Following the route to Kaghan Valley crossing picturesque Babusar Pass, the team returned to Islamabad as per schedule.



### **27.09.2011 World Tourism Day Celebrations Women Wall Climbing Competition**

Following the tradition, the Club celebrated World Tourism Day i.e. September 27<sup>th</sup>. by organizing a wall climbing competition for girls. A very good number of around 250 girls participated in training / practice sessions, while 100 girls qualified for the competition in various age categories of under 12, under 15, under 18 and 18 plus or open category.

Former Tourism Minister and Senator, Ms. Nilofar Bakhtiar was the guest of the honour for award distribution ceremony. This is interesting to mention that the Club organized first ever women climbing competition under her patron-ship in 2007 and since then the Club has organized 15 competitions for boys and girls.

Ms. Nazia Parveen won overall top position with a remarkable lead and record making performance. She was declared as the best player of the competition and awarded with a special shield. After distribution of awards, the Chief Guest



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addressed and appreciated the daring and brave girls to participate in healthy activities and offered her support for the promotion of the activity.



Mr. Tahir Imran Khan, President, The Adventure Club - Pakistan announced the following awards / benefits for the participants, besides the trophies for the position holders, Certificate of Participation for all, Free Membership of the Club for 1st. & 2nd. position holders for one year, Waiver of one year fee for existing club members to get 1st. & 2nd. position, certificate for 4th. position holders, 50% waiver on Club's membership for 3<sup>rd</sup>. and 4th. position holders, Free 2 days Intermediate Climbing Training Course for all position holders and a Complimentary day trip to Galliat for all position holders. He also announced the holding of forthcoming competitions; IMD 2011 - 4<sup>th</sup>. Climbing Competition on International Mountain Day and IWD 2012 - 6<sup>th</sup>. Pakistan Open Climbing Competition on International Women Day.

WTD - 2011 Women Wall Climbing Competition held on World Tourism Day - 27 September 2011 at ICS Wall - Ayub Park - Rawalpindi organized by The Adventure Club - Pakistan				
RESULT CARD				
Position	Under 12	Timings	Institution	
1 <sup>st</sup>	Anum Tassadaq	00:51:14	Beaconhouse SS	9
2 <sup>nd</sup>	Haneesha Aabroo	00:57:38	Beaconhouse SS	10
3 <sup>rd</sup>	Sidra tul Muntaha	00:59:84	Beaconhouse SS	11
Under 15				
1 <sup>st</sup>	Eeman Nadeem	00:32:18	Elite International	4
2 <sup>nd</sup>	Maira Khan	00:36:50	Beaconhouse SS	7
3 <sup>rd</sup>	Iqra Jilani	00:37:06	The Adventure Club	8
Under 18				
1 <sup>st</sup>	Hamna Kiran	00:29:57	The Adventure Club	2
2 <sup>nd</sup>	Rushna Zamir	00:31:78	The Adventure Club	3
3 <sup>rd</sup>	Erum Imran Syed	01:14:97	Beaconhouse SS	12
18+ Open				
1 <sup>st</sup>	Nazia Parveen	00:18:44	The Adventure Club	1
2 <sup>nd</sup>	Shazia Parveen	00:32:88	Islamic Intl. University	5
3 <sup>rd</sup>	Ayesha Rasheed	00:35:65	Islamic Intl. University	6



**ADVENTURE NEWS****NEW MEMBERSHIPS****AC – 327      Syed Zaki uddin Kazmi      Gilgit / Islamabad**

Zaki started climbing with the Club as one of the new members among the team of NUST and finding interest in climbing joined the Club. He has got distinction in few climbing competitions and improving day by day. He had been selected for team of climbers to participate in climbing event in China. We wish him good luck and expect that he will be an asset of the Club.

*(Introduced through Mr. Tahir Imran Khan, AC 101 – Islamabad)*

**AC – 328      Mr. Joseph John      Islamabad**

Mr. Joseph John is an IT Engineer by profession and works with Beacon house School System. He has interest in outdoor activities like camping and hiking and also keen to do rock climbing. We expect that he will be an active member of the Club in future.

*(Introduced through [www.adventureclub.com.pk](http://www.adventureclub.com.pk) )*

**AC – 329      Mr. Asim Ayub Awan      Rawalpindi**

Asim is another IT Professional working with Beacon house School System. Besides his interest in camping and trekking, he is also interested in Paragliding, Rock Climbing and Skiing. We believe he will find several activities of his interest in the Club and welcome him in the team.

*(Introduced through [www.adventureclub.com.pk](http://www.adventureclub.com.pk) )*

**AC – 330      Mr. Muhammad Usman Tariq      Rawalpindi**

Usman, with an MS degree in Engineering is presently working with Telenor. He has been in outdoor activities and has experienced powered Paragliding and trekking. While with his interest in rock climbing, he has already participating in climbing sessions on regular basis.

*(Introduced through Ms. Rabia Parveen, AC 332 – Islamabad)*

**AC – 331      Syed Imran Haider      Peshawar**

Imran Haider, a young student from Peshawar has joined the club with interest in rock climbing while he has already done wall climbing and trekking. His participation will strengthen our KPK chapter of members.

*(Introduced through Mr. Mohammad Ali Janjua, AC 303 – Islamabad)*

**AC – 332      Ms. Rabia Parveen      Gojal/Islamabad**

Rabia, after getting position in NUST Rock Climbing Competition in RIFT organized by the Club, was invited for climbing. Proving herself as a very talented climber, Rabia is regularly participating in climbing sessions and in a very short time she has started lead climbing at places like Shahdarra cliffs. Recently she got second position in a wall climbing competition. We expect that she will be an asset of the Club, especially for the female rock climbing team.

*(Introduced through Mr. Tahir Imran Khan, AC 101 – Islamabad)*