

ADVENTURE NEWS**Trip - Fairy Meadows & Hunza**

A six member's team of the Club visited Fairy Meadows and Hunza Valley in the month of July. The group was led by Mr. Siddique Mirza, who enjoyed this trip as his Honeymoon also. Besides Siddique and Danish, all other team members were new to Northern Areas and enjoyed a lot on this trip.

**Trekking – Ghondogoro La**

A trip to K2 base camp was announced by the Club and a party of three members made this trekking successfully. The team was led by Dr. Zia Butt, while the trekking guide was Muhammad Ali from Bulghar. The team performed excellent and finished trekking safely at Hushe, crossing the Ghondogoro La at 5650m.

Trip – Shimshal Pamirs

Umair made a solo trip to Shimshal and had a trekking up to the summer grazing lands of Shimshal, crossing Shimshal Pass at 4420m. He presented the report of his trip in last meeting cum Iftar, which was quite interesting and impressive.



ADVENTURE NEWS**Rock Climbing in Summer Season**

The Club has a distinct record of organizing rock climbing programs throughout the Summers and since 2007, the activity remain continued in all weathers, particularly in Margallas. Beetle's Nest and Shahdarra Den were the most visited sites during summers, while Jasmine Corner was selected for beginner's training and training for sport/lead climbing. Numerous climbing sessions were organized and were participated by various members and guest climbers.

**Trip – Kaghan Valley**

A family trip visited Kaghan Valley covering the popular tourists attractions of the valley like Naran, Lake Saif-ul-Muluk, Shogran and Paya etc. On the dates around 14th. August, the valley was full with tourists and weather was dry, keeping all the roads and routes opened. However as compared to the trip in June, all the snow was melt on the peaks and from the lake. Boating was one of the most popular activities in Lake Saif-ul-Muluk.

**Trekking – Biafo / Hispar Glacial Route**

Dr. Naveed Naqvi planned this trekking alongwith his overseas friends. They completed trekking and reached Hispar village after starting from Hushe and crossing the famous Snow Lake and then Hispar La at 5151m. His beautiful pictures are available on Facebook and have been admired by all.



ADVENTURE NEWS**Rock Climbing on 14th. August**

Shahdarra valley is one of the most popular picnic spots in the vicinity of Islamabad. It was observed last year that on Independence Day, there were thousands of visitors in Shahdarra. A climbing session in rush and crowd was a fun, which also publicize the activity among public.

**Iftar Dinner / Meeting**

As per tradition, the Club organized a meeting cum Iftar (at Khiva Restaurant in Islamabad) on Friday, September 4th. 2009. The meeting started with Tilawat-e-Quarn-e-Pak and later the participants were introduced with each other. A report of past quarter was presented while future activities and plans were announced. The most important were the activities on World Tourism Day i.e. 27th. September, an Under 19, Rock Climbing Competition on International Mountain Day i.e. 11th. December and an All Pakistan Rock Climbing Competition on International Women Day i.e. 8th. March. Various members and guests presented the details of their trekking trips of this summer. The evening was concluded after a very interesting and informative meeting, followed by Iftar.

**Rock Climbing in Ramzan and on Eid**

Rock Climbing is now so popular that we had 14 climbing sessions during Ramzan and two programs on second and third day of Eid. It is expected that forthcoming climbing competitions will prove very successful as the participation of enthusiasts is growing day by day.

World Tourism Day (WTD)

27th. September is observed internationally as WTD with various activities worldwide. The Club also organized an activity packed day at Khanpur, where members had an orientation and watched Paragliding by the flyers of PAFF. The program was followed by a swimming session, where Hannan, one of our members, given some useful tips for swimming in lakes. A rock-climbing program was also included in day's activities but cancelled due to shortage of time.

ADVENTURE NEWS**NEW MEMBERSHIPS****AC – 272 Mr. Naveed Iqbal****Kunda - Swabi**

Naveed is a Dentist by profession with a great love for nature and outdoor activities. With a good experience of trekking, he did some rock climbing while living in Peshawar. This season proved superb as he participated in most of the climbing sessions organized by the Club and has emerged as one of most serious and focused climbers. We welcome him and trust that he will be a great asset of the Club in future.

(Introduced by Mr. Tahir Imran Khan, AC 101 – Islamabad)

AC – 273 Mr. Hassan Arif**Islamabad**

Hassan Arif joined the Club finding a climbing activity on Internet. Besides a serious student of Engineering in Singapore, he showed great interest in rock climbing and utilized most of his summer vacations in Pakistan, joining climbing sessions of the Club. We wish him good luck and a very bright future for him.

(Introduced through www.adventureclub.com.pk)

AC – 274 Mr. Naveed Naqvi**Islamabad**

Dr. Naveed Naqvi, a financial consultant of World Bank and previously a part of bureaucracy of Pakistan has really vagabond nature and a great lover of nature and outdoor activities. Looking for some action packed activities in Islamabad, he got introduction of the Club through Ursala, one of our active and dedicated members, and now he is the most active member in rock climbing sessions. With a good experience of trekking and recently completing Biafo/Hispar trekking route, we consider him as find of the year.

(Introduced by Dr. Ursala Jomezai, AC 234 – Islamabad)

AC – 275 Mr. Alam Zeb Shah**Islamabad**

Alam Zeb, a software engineer and web developer has a great love for rock climbing and trekking. Introduced through the website, he started participating in climbing sessions and within a short span of time, he has developed in to a good climber.

(Introduced through www.adventureclub.com.pk)

AC – 276 Mr. Imran Qamar Junaidi**Islamabad**

Imran joined the Club and immediately became a regular member, particularly in rock climbing sessions. With a special interest in outdoor activities like trekking and hunting, Imran is ready for proper training in mountain climbing as well as other adventure sports. With his passion to Do More, we expect his maximum availability in Club's programs.

(Introduced by Mr. Tahir Imran Khan, AC 101 – Islamabad)

